



DAVE BREBNER: ONE HOUR PRESENTATIONS

VARIOUS AGE GROUPS



**Dave
Brebner**

Career Coach & Adult Educator
(Tourette's Syndrome)

Public Speaking Events

My role is to help your audience reflect upon, analyse and re-define their purpose towards a fulfilling career journey. A journey that will result in fulfilment, having the satisfaction of knowing their gifts and talents have been used to their potential to improve their lives.

As a Career Coach, Adult Educator and Public Speaker, I specialise in exploring the opportunities and pathways available to all in their working life. I offer a set price for a one hour presentation and can travel to your school or college to deliver the talk to your students/staff/community.

I offer you my public speaking services from extensive experience in Business in Trades and Training, a Bachelor's Degree in Adult Education, Vocational and Workplace Training and a Masters of Education degree, majoring in Career Development. I have run and coached small businesses and mentored people of all ages towards great career outcomes.

Dave Brebner

www.davebrebner.com

SO NOW WHAT? (CAREER CHOICES)

Are you trying to work through the myriad of choices in starting a career? In this one-hour talk, we briefly cover the principles of career development.

We discuss:

- what vocation, career and jobs actually mean
- the major themes of preparation, presentation, getting stressed out over decisions and the question we must all ask ourselves; 'Am I the worker that the employer, I am looking for is looking for'?
- the latest statistics from studies in what attributes employers are looking for the most from young people and the big surprises in those studies
- the idea that Vocational Success is the product of preparation and opportunity: telling stories of some successful individuals who prepared when it seemed impossible

YOUR VISION AND GOALS

This talk include the themes of goal setting, the anatomy of a real goal and the power of focus to make it happen.

We explore the breaking down of things into 'bite sized' steps, how we work out what is fanciful, and what is a realistic target. The value of goals and how with planning, things develop along the way. We talk about how a boat rudder has no effect until the boat is moving.

THE IMPORTANCE OF SMALL THINGS: (MY FAVOURITE TALK TO DELIVER!)

In this talk, we share many stories of people who did small things that changed other's lives and sometimes-even history. We explore the importance of daily habits, rituals and disciplines; and how they shape our lives and add up to success or failure.

Examined is the effect these daily exercises have when disaster strikes and how disciplines can free us up to achieve rather than confine us.

Finally we discuss the story of the 'hare and the tortoise' and how good people do not finish last!

MY STORY

I tell my story of an intensely self-aware, lonely, bullied teen who dropped out of school with an unknown and strange affliction (later to be discovered accidentally as Tourette's syndrome), and realised his life's ambitions.

I believe that a person who avoids walking a certain path cannot be a guide for others along that road. Because I have had to walk that path, I am a useful guide to others walking blindly and alone through that same journey. I offer your audience direction and comfort on how to get through when times are more difficult and help you get back on the right path with a mindset that we are building people more than careers.

PRINCIPLES TO LIVE BY

In this talk, we talk about the seven main things that I have learned in my 55 years on this planet. In a mix of mental techniques and practical habits we look at a holistic and well-rounded life remembering that we cannot develop or work on all the important things at once. Like our planet, balanced perfectly to support human life but having different seasons.

Topics include:

- 1) There is more than enough time in your life
- 2) Humility, Forgiveness and Love
- 3) Budget your Time, Space, Money, Energy and Emotional investment
- 4) The correct role of fear
- 5) Guard your eyes, your mind and your tongue
- 7) Pace yourself! The difference between wisdom and knowledge.
- 8) Why it is important to be different in a world of sameness!

These talks can all be delivered as stand-alone content, as part of a seminar or as expanded content to include activities .

Please give me a call or send an email to discuss how you would like to structure the program for your needs.

